

## Case Report

## Jejunal Atresia in Newborn: A Case Report

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## ABSTRACT

Jejunal atresia is a rare congenital malformation. Mortality, which was 90% in the 1950s, decreased to approximately 10%. There are studies reporting 1/5000 incidence. We presented a case with polyhydramnios and enlargement of the intestines in the prenatal period, a nutritional defect after birth, with dilated bowel loops with air-fluid levels on the direct abdominal x-ray, and operated on the first day of postnatal diagnosis.

**Keywords:** Abdominal distention, Polyhydroamniosis, Jejunal atresia, Newborn.

## INTRODUCTION

There are many reasons for intestinal obstruction during the neonatal period and infancy. These may be due to atresia, stenosis, annular pancreas, malrotation, duplication cyst, meconium ileus, meconium plug syndrome, neonatal small left colon syndrome, Hirschsprung's disease, neoplasia, trauma, and other rare causes.<sup>1</sup> Jejunal atresia is a rare congenital malformation. Mortality rate which was 90% in the 1950s, decreased to approximately 10%. There are studies reporting 1/5000 incidence.<sup>2,3</sup> Signs about small bowel atresia begin with maternal polyhydramnios. It was aimed to discuss and remind of rare jejunal atresia by presenting clinical follow-up and treatment of the patient diagnosed with postpartum jejunal atresia in our clinic.

## CASE REPORT

A 37-year-old mother was delivered by cesarean section at her 33<sup>rd</sup> gestational week as 2175 grams. The baby cried as soon as he was born. APGAR scoring at 1<sup>st</sup> minute 9 and 5<sup>th</sup> minute 10 was evaluated. Prenatal ultrasonography and medical history showed that enlargement was detected in the intestine of the fetus and there were polyhydramnios in the mother. The patient was followed up in the Neonatal Intensive Care Unit for clinical follow-up. An abdominal radiograph taken due to distension was evaluated as jejunal atresia (Figure 1). The patient was operated on postnatal 1<sup>st</sup> day. It was observed that there was a Type V intestinal atresia during surgery (Figure 2,3). The patient, whose general condition and nutrition was good, was discharged on the 28<sup>th</sup> postoperative day. No accompanying anomaly was detected in our patient.

**Figure 1.** Direct standing abdominal x-ray taken after birth. The appearance of dilated bowel lobes with air-fluid levels.



**Figure 2.** The appearance of the atresic area during surgery.



Figure 3. The appearance of the 7 cm atresic area excised with the operation.

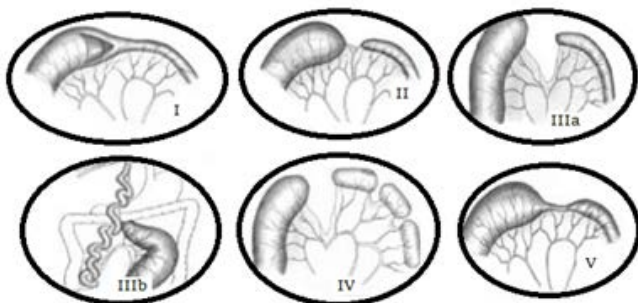


## DISCUSSION

Intestinal atresia makes up one-third of intestinal obstructions in the neonatal period. There are several theories about intestinal atresia etiology. It was originally thought to have occurred as a result of an ischemic event that occurred during the prenatal period, such as intussusception or volvulus. There are currently two major theories in etiology. The Tandler concept, known as leakage in vacuolization in the solid cord phase of intestinal development, and Louw and Bernard's classic studies showing that late intrauterine mesenteric vascular failure is the cause of most small intestine and colonic atresia. While the most common cause of duodenal atresia is considered to be a leak in vacuolization, other interesting studies show that small bowel atresia occurs as a result of intestinal volvulus, intussusception, internal hernia, and tight gastroschisis or omphalocele defect. However, jejunal atresia has been reported to be associated with volvulus without mesenteric vascular anomaly.<sup>4-9</sup>

Small bowel atresia is generally classified into 5 types. Type I (web causing complete occlusion), type II (proximal and distal segments separated by a cord), type IIIa (complete separation with mesenteric defect), type IIIb (complete absence of distal small intestine mesentery with proximal jejunal atresia, also called "Christmas tree" or "apple peel" atresia), type IV (multiple atresias) and type V (stenosis) (Figure 4).<sup>10,11</sup>

Figure 4. Schematic view of atresia types.



Signs of small bowel atresia begin with polyhydramnios in the prenatal period. Dilated stomach and duodenum are detected in the prenatal period as a result of amniotic fluid swallowed after the polyhydramnios. In infants, complaints of bile vomiting, abdominal distention,

jaundice, and inability to extract meconium (70%) are observed 24-48 hours after birth. Bile vomiting is a little more common in jejunal atresia. Upper abdominal distention may be associated with proximal jejunal atresia. In distal atresia, respiratory distress may occur due to severe distention and diaphragmatic elevation.<sup>12,13</sup> In our case, polyhydramnios and dilated intestine were detected in the prenatal period. Dilated bowel segments were seen along with air-fluid levels in the direct abdominal x-ray taken after birth. Our patient had upper abdominal distention (Figure 1).

Surgical treatment of small bowel atresia involves end-to-end anastomosis with proximal resection and minimal antimesenteric tapering arthroplasty.<sup>13</sup> Our patient was successfully operated. The area with atresia was excised, 7 cm intestine was removed (Figure 3). Prognosis of jejunal atresia and comfort in other stages of life basically depends on two conditions. First, the presence of concomitant anomalies (especially major anomalies such as heart, urinary, vertebrae). Secondly, short bowel syndrome developing after surgical treatment and complications related to parenteral nutrition. These complications can be minimal or severe enough to go to liver failure.<sup>13</sup> No additional anomaly was detected in our case. Short bowel syndrome was not observed in our patient who was followed up for 28 days postoperatively.

In conclusion, when polyhydramnios and dilated intestine were detected in prenatal follow-up, delivery should be performed in a center with pediatric surgery. In addition, jejunal or intestinal atresia should be kept in mind in any case of abdominal distention and biliary vomiting after birth. When the diagnosis was made, pediatric surgery should be consulted as soon as possible.

## CONFLICTS OF INTEREST

None.

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